

To register, complete application below, and mail with non-refundable \$50 deposit for each camp. Space is limited so reserve your spot early.

*In the Zone Basketball Camps
6870 Chrisphalt Drive,
Bath 18014*

Name _____

Address _____

Phone _____ DOB _____

E-mail _____

Grade in Sep '10 _____ School _____

Experience _____ yrs Level _____

Position _____ Team _____

Camp(s) to attend _____

Buddy sign-ups _____

Consent and Waiver:

I certify that my son/daughter

Has had a physical examination by a licensed physician within the last year and is in sound physical condition for participation at the In the Zone Basketball Camp.

I authorize the staff of In the Zone Basketball Camp to act for me to their best judgment in situations requiring first aid or medical attention.

I understand participation in athletics has certain inherent risks and assume responsibility for those risks. I waive and release In the Zone and those directing the camp from any and all liability for any injury my child might incur while participating in the camp.

Signature of Parent/Guardian

Date

"After the Perimeter Camp, my son was able to immediately implement some of the things he learned. I saw a definite improvement in his game. He started driving to the basket and had more confidence in his shot." J.B. Bethlehem

Summer Camp Player Discounts:

- AAU Discount: Current Members of the In the Zone AAU Basketball Club receive a 50% discount on ITZ run camps.
- Multi Camp discount: Sign up for a second camp and get \$20 off the second camp. Take another \$20 off for a third camp.
- Sibling Discount: Each sibling receives a \$20 discount.
- Register with a buddy and both receive a \$15 discount.**
- Register with 2 buddies and both receive a \$20 discount.**
- Register with 3 or more buddies and each receives a \$25 discount.**

** to receive the Buddy discount, each person must list their Buddies on the registration form.

Cannot combine multiple offers.

Also this summer:

- **Skills and Drills Program**
- **3 v 3 summer league**
- **Pure Shooter Program:
10,000 shot summer**



Please direct questions to Steve Turpening at 610-837-8605 or sturpening@aol.com

Our building is air conditioned.

**Summer
Basketball Camps
At
In the Zone
Athletics
2010**

In the Zone
6870 Chrisphalt Drive
Bath, PA 18014
610-837-8605

www.inthezonesports.biz

***Get in the game at
In the Zone!***



*“My son has done camps all over NJ and the Poconos and the ones at In the Zone are by far the best. Coach Turpening goes into so much more detail and also explains **when** to use certain moves. No other camp can compare to In the Zone.” J.H. Washington, NJ*

Camp Philosophy: These camps are designed to teach more than what is done at the typical school camp. We believe in detailed instruction on both fundamentals and more advanced moves. We break things down, step by step, focusing on proper footwork, correct body position and efficient technique. When we scrimmage, we mainly do controlled small side scrimmaging, 1 v 1, 2 v 2 and 3 v 3; this results in more touches per player and a more fundamentally centric half court game. It’s our experience that as soon as we go 5 on 5 full court, all the days hard work goes out the window and it’s run and gun time.

★★★★★★★★★★★★★★★★★★★★

Shooting Camps

Due to the tremendous success of this camp in 2009, it is being offered twice in 2010.

For boys and girls grades 4-12
Monday Jun 14 to Friday June 18 *and*
Monday, July 26 to Friday, July 30
9:00 am to 3:00 pm

Improve your foul shooting by 17% in one week! That’s what we did, on average, last year. In this camp, we build the shot step by step, from the ground up and then practice, practice, practice. We’ll also cover shooting off the dribble, shooting off the pass, shooting with the 1-2 and shooting using the hop. If you want to develop your shot or just become a better shooter, this camp is for you. We’ll take 5000 shots during the week. Cost \$160

★★★★★★★★★★★★★★★★★★★★

Perimeter Player Camp* ***Guards and Small Forwards***

For boys and girls entering grades 5-12
Monday, June 21 – Friday, June 25
9:00 am to 3:00 pm

All the things the little guys need to know: 60 different ball handling drills, 50 different offensive moves (straight line moves, change of direction moves, combination moves), 21 different passes, attacking the basket, beating your opponent off the dribble, confronting a shot blocker, moving without the ball, using screens to score, setting screens to score, attacking zones, attacking full court pressure, beating half court traps, beating the double team, reading and reacting to the defense, running the fast break and the secondary break, basic offensive rotations and more. Cost \$160

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Big Man Camp* ***Centers and Power Forwards***

For boys and girls entering grades 5-12
Monday, July 5 – Friday, July 9
9:00 am to 3:00 pm

One of the only camps in the area that focuses just on the big man play. Don’t just play big learn to own the paint: Over 35 offensive moves and 20 defensive reads: posting up, getting position, getting open, winning the arm and leg battle, drop steps, up and unders, Shaq spins, jump hooks, pro hops, baseline sweep moves, step back shots, pro-stance, passing, sealing, setting screens to score, using screens to score, defending the post, inside-out plays, offensive rotationsCost \$160

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Court IQ and ***Scrimmage Camp****

For boys and girls grades 5-12
Monday, Aug 2 – Friday Aug 6

9:00 am to 3:00 pm

Learn the skill, practice the skill, then use the skill in a controlled small side scrimmage. Monday we’ll work on one-on-one moves and then play a one on one round robin tournament. Tuesday we’ll cover the pick and roll, back door cuts, inside out plays and then play 2 on 2 half court to reinforce those skills. Wednesday it’s moving without the ball, coming off screens, screening away and then its 3 on 3 half court. Thursday and Friday we cover offensive and defensive rotations, attacking zones, presses and traps. Then we go full court and practice these sets in game like situations. This camp is uniquely fun and instructional at the same time. Cost is \$160.

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FUN-damentals ***Youth Basketball Camp***

For boys and girls entering grades 1-5
Monday, July 13 – Friday, July 17
9:00 am to 12:00 noon

Learning basketball and having fun. Campers will learn fundamentals while playing a variety of games. For example, a short 2 minute lesson on dribbling will be followed by a game of dribble tag. A short lesson on the jump stop will be followed by a game of Red Light—Green Light. Each game reinforces a specific basketball skill. The youngsters learn and practice solid basketball fundamentals without even knowing it and without those boring stand-in-line drills. This is a great way to teach those with somewhat shorter attention spans and those who love to play games. Cost \$85

★★★★★★★★★★★★★★★★★★★★

**** These are considered advanced camps. Athletes should have a basic working knowledge of the game and appropriate skill set.***